

**Vintage, Inc.**

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**PRESS RELEASE**

FOR IMMEDIATE RELEASE

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**Vintage Senior Services Celebrates 40<sup>th</sup> Anniversary with Celebration on  
Thursday, May 30, 2013 from 4-6 pm**

Vintage Inc. was founded in 1973 as a senior center in the East End of Pittsburgh. With a vision to provide a comprehensive service center for older adults, Vintage led a successful fundraising campaign in the early 1990s to expand its East Liberty facility by 25,000 square feet through the purchase of an adjacent former Giant Eagle supermarket and continues to operate its community based programs out of the expanded facility.

Vintage offers independence for adults aged 60 years or more in our community and plays an important role in the lives of older adults by encouraging them to become and remain healthy and active. Although we attract members and users from a broad spectrum of neighborhoods in Pittsburgh, Vintage members and users primarily reside in East Liberty, Homewood and Wilkinsburg, which are neighborhoods with high rates of disability and poverty among seniors. Vintage remains committed to serving our members and others who rely on us through our Senior Community Center, which allows more than 900 seniors develop a social network by making and meeting new friends through programs and services like yoga and tai chi, dance and art classes, travel to museums and live performances, computer classes, health screenings, informational speakers and daily meals. On an average day, approximately 120 older adults utilize the Vintage senior center for programs, activities or to have a hot lunch.

Vintage is also a licensed provider of Stanford University's *Chronic Disease Self-Management Program*, a 6-week workshop series for adults with chronic conditions such as arthritis, hypertension, heart disease and diabetes. Funded by the United Way of Allegheny County, these workshops are hosted in a variety of locations throughout Allegheny County and are free for participants.

**Vintage will hold a 40<sup>th</sup> Anniversary Celebration on Thursday, May 30, 2013 from 4-6 pm. The senior center will be open, giving visitors the opportunity to observe activities such as Soul Line Dancing, Billiards, Bridge and Painting Class.**

“Vintage is committed to promoting health and wellness” said executive director Ann Truxell, “and we do that through a wide variety of activities to help older adults stay active and engaged”.

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